

Child Care Health Consultation Lesson Plan

Contractor Name: Springfield-Greene County Health Department

Date Submitted: 11/25/2014

☐ **Children's Health Promotion**

**Adult Training on
Content Area V: Health
and Safety**

Health and Safety Standards

- ☐ Promoting Risk Management Practices
☐ Protecting Children and Youth
☒ Promoting Physical Health
☐ Promoting Mental Health
☐ Promoting Healthy Eating

Training Levels

☐ 1 ☐ 2 ☐ 3 ☒ 4 ☐ 5

Source:

Core Competencies for Early Childhood and
Youth Development Professionals
(Kansas and Missouri), 2011

**Select one standard
and one level**

Title: "We Brush, Too"

Training Goal: Teach attendees about promoting tooth brushing for children in child care.

Learning Objective(s): Participants will

1. Recognize importance of tooth brushing health promotion in child care.
2. Promote importance of implementing tooth brushing in child care.
3. Acquire resources for tooth brushing health promotion and implementation of tooth brushing program.

Topical Outline of Content	Training Method(s)	Time (in minutes)
"We Brush, Too!" Overview: Fun, child friendly, hands-on educational dental experience. Promotes oral hygiene programs in child care facilities. Children receive a toothbrush and toothpaste to take home.	Lecture/Power Point	10
"We Brush, Too!" : Benefits to child care providers Child care facilities partnering with the health department to provide children with a daily tooth brushing opportunity receive all the necessary supplies to implement the program and a one-time replacement of supplies at no cost!	Lecture/Power Point	10
Who can participate in the program? Child Care Facilities, Homes, Center, Licensed, Unlicensed, Licensed Exempt, (Greene County)	Lecture/Power Point	10
Why should we have an oral hygiene program? National Health & Safety Standard Give kids a head start with oral hygiene Shortage of pediatric dentists/Few Medicaid providers Dental caries (tooth decay) is the single most common chronic childhood disease: 5x more common than asthma, 4x more common than childhood obesity, 20 times more common than diabetes.	Lecture/Power Point	10
Implementing "We Brush Too!" The following slides are nine steps you can take to make sure your childcare's dental program is a safe and healthy one. [see handout provided] <i>Guidelines for Oral Care</i>	Lecture/Power Point Handout	10
Licensing Rules & Regulations 19 CSR 30-60.090 Sanitation Requirements: (D) If toothbrushes, combs, hairbrushes or other personal care items are used, they shall be individually air-dried and labeled with each child's name.	Lecture/Power Point	5
Other Oral Health activities you can do: •Teach children proper brushing •Read books about going to the dentist and tooth brushing•Set aside a time in your routine for daily brushing•Celebrate National Dental Month for Children (FEB)• For more information: American Academy of Pediatric Dentistry website: www.aapd.org . or American Dental Association website at www.ada.org .	Lecture/Power Point	5
		Total time: 60 min

Method(s) of Outcome Evaluation: Discussion, Q & A

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Date Approved:
12/2/2014

Authorized Approval Signature:



Date Expires:
12/2017